

Getting to know Ladyvale BAKERY



Where did the name Ladyvale come from?

Lara - Its the name of a Valley in Cardinham Woods, we've ran Woods Cafe there for 11 years & wanted something to tie us back to where it all began

How did you get into baking?

Ash - I was taught by my mum but later completed a patisserie diploma at Ashburton cookery school.

Lara - I'm completely self taught but have been baking for a living for 11 years, my lovely Nan is where my love of baking is from.

Where do you get the inspiration for your new recipes?

Lara - I'm constantly thinking about menus, I have lots of baking books, follow lots of bakers on instagram, I tend to see a flavour combos or a bake I like & then create my own version from recipes I know work. We try & keep things seasonal which always helps

What's your number one favourite cake?

Ash - My favourite cake would have to be a light genoise sponge with a homemade jam & fresh whipped cream. Simple but delicious!

Lara - My favourite would always be something citrus, I love our lemon & pistachio.

Sarah - Favourite cake would have to be the tiramasu plus it cuts nicely & fits in the box! I'm currently the cookie queen on a Tuesday so spend half of my day rolling dough!

What's your favourite thing to do when you're not baking!

Sarah - Getting outside with my dogs, riding my horse, going for a surf, biking & paddle boarding.

Ash - When I'm not baking I like to go for long walks with my partner & sausage dog, finding new places to eat & discovering parts of Cornwall that I didn't know existed. I feel very lucky to live in such a beautiful part of the world so try to make the most of my days off.

Lara - Spending time with the kids, popping off for mini adventures around Cornwall in our camper & getting in the water

What's next for Ladyvale?

Lara - We've only been here for 18 months through some interesting times! But business is going from strength to strength & we're looking forward to the future. We are in the process of creating products to send by post & have a few ideas for the future up our sleeve too.



Lara



Ash



Sarah

For our latest opening hours visit www.ladyvalebakery.co.uk

or visit us on facebook & Instagram  

12 Chi Tennyson, Plen Tennyson, Nanseldan, TR8 4GL